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| | <p>College within mainstream secondary care mental health services, such as groups and recovery focused interventions. Barbara Tombs is leading on this and has previously given a talk at the MHSG. She will be invited back later in the year to update on progress.</p> <p>Discussion took place around the Smoking ban at Sunflowers Court and patients having to go on the street to smoke. The group all acknowledged that this was across all of NELFT sites.</p> <p>KS updated the group that Physical & Mental health mindfulness sessions were held recently in Care City, as part of Mental Health Awareness Week, Talking Therapies (IAPT) were also out and about around Barking Market handing out leaflets, talking to the general public and advising on how to look after your mental health and where to seek support.</p> | |
| 6 | Transformation Plan for B & D | |
| | <p>VO gave a verbal update that Tier 2 & 3 will be merged.</p> <p>There will be 4 x Band 4 support workers child development practitioner. These members of staff will be 3 days at University for one year and 2 days of the week within the team, to offer support to young people coming into the service.</p> <p>Clarification is needed as to whether this is across the 4 boroughs.</p> <p>Action: VO and Dr Kumar will discuss once the session is commenced.</p> | |
| 8 | MHS Dashboard | |
| | <p>The dashboard was received and the following noted.</p> <p>Qtr. 4 data for dementia diagnosis is slightly down. SJ advised that they are trying to ensure that it does not fall below 68% .</p> <p>We have one going up, but 3 going down.</p> <p>AM enquired of SL as to whether the data that needs to be reviewed can be highlighted, enabling easier viewing.</p> | |
| 9 | Psychological Services in B & D | |
| | <p>KS advised the group on as to the services that fall under him. All psychological services are back to borough</p> <p>MHS have two services</p> <ul style="list-style-type: none"> • Psychosis – BCH • Mood Anxiety & Personality Services MAP. <p>Lindsey Royan leads on</p> <ul style="list-style-type: none"> • IMPART • Anger Management services – central • Eating disorders • Perinatal • Learning disabilities. <p>Discussion took place as to specific services not on offer. KS advised that usually a tertiary referral is considered if NELFT are not able to provide a particular type of therapy of service.</p> | |

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| | <p>Dr Kumar enquired as to sexual health service is there anywhere specific to go too. Advised that Sexual Health is not a service which is provided by NELFT locally as this is provided by BHRUT. Counselling psychology is sometimes provided within Sexual Health, such a HIV+ Counselling, however this is not something which NELFT are involved with locally. Agreed that if any condition is affecting a person's psychological wellbeing, referrals should be made to either Talking Therapies (IAPT) or Secondary Care Psychology, depending upon severity.</p> | |
| 10 | Suicide Prevention Strategy | |
| | <p>SL more needs to be on the MH strategy. There has been lots of activity over the last two months and on 21st March workshop was held.</p> <p>NH asked as to whether this could be repeated. SL advised that partnership group with Redbridge & B & D strategy.</p> <p>SL paper to Councillor Worby. B & D strategy will sit within this group. Agreed that this will be owned here and SL will bring to group towards the end of the year.</p> | |
| 11 | Training & Development opportunities around Mental Health | |
| | <p>KS suicide masterclass was well received. SL will send to JA the presentations for onward dissemination.</p> <p>KS learning lessons from SI. Think family agenda is being taken forward. Physical & mental health forums being held within B & D. Capacity assessments masterclass has also been delivered in this forum. Staff have also been receiving in-house training in order to deliver the Physical Health CQUIN.</p> <p>Chelle Farnan is holding sessions with actors on MCA & DoLS in May, staff to register.</p> <p>CAMHS consultation ongoing for tier 2 & 3</p> <p>NH raised a question as to the process when a child is born to a MH patient. KS advised that this process would be held in perinatal services for one year from conception with a link to all other relevant services, depending upon the person's individual need.</p> | |
| | Any other Business | |
| | <p>Ks updated the group on the Cyber-attack which took place over the weekend. KS happy to report that NELFT systems were not affected, but assistance was given to other areas who were.</p> <p>NH – Sunflowers Court up and running successfully.</p> <p>AM – Mental Health day in October, can be added to the next agenda.</p> | |

**Date of next meeting –
1.30pm – 3.30pm 19th June 2017 , Care City offices.**